

OAKHILL DRIVE PUBLIC SCHOOL CANTEEN

CANTEEN MENU & PRICE LIST

All Lunch orders must now be placed via our online ordering system: www.flexischools.com.au

(See Canteen Information Note on how to set up your flexischools account.)

Note: Flagged Menu items contain the following: E-Eggs, N-Nuts, S-Sesame Seeds, F-Fish,
VEG is a vegetarian option, GF-Gluten Free, DF – Dairy Free, H Halal Certified

****This menu conforms to the NSW Healthy School Canteen Food Strategy - March 2019****

<u>SANDWICHES & ROLLS</u>		<u>S'wich</u>	<u>Roll</u>	<u>HOT FOOD</u>		
Buttered		1.50	1.90	Chicken Burger (with lettuce and mayonnaise)	E S	4.50
Cheese		2.20	2.60	ODPS Cheese Burger (Beef, cheese, BBQ or tomato sauce)	E	4.50
Cheese & Pineapple		2.90	3.30	ODPS Beef Burger (beef, lettuce, tomato, BBQ or tomato sauce)	E	4.50
Chicken	N	3.20	3.60	Chicken Noodle Soup (with spoon)	N E S F	1.50
Egg	E	2.70	3.10	Chicken Nuggets (3 per packet)	E H	1.80
Ham		2.50	3.10	Penne Pasta	VEG	3.50
Honey		1.70	2.10			
Jam		1.70	3.10			
Salad (lettuce, tomato, carrot, cucumber, capsicum)		3.50	3.90	Fried Rice (VEG)	E GF S	3.50
Tomato		2.20	2.60	Hot Cheese Roll	VEG H	2.50
Tuna-Plain OR Lemon & Pepper	F	2.70	3.10			
Vegemite		1.70	2.10	Lasagne Gluten Free	GF	3.50
Toasted Sandwich (Jaffle) extra		0.40		Lasagne (with fork)		3.50
Gluten Free bread extra	GF	0.50		Macaroni Bake (with fork)	VEG	3.50
<u>SALAD BOWLS</u>				Twista Pasta (with fork)		3.50
Salad (lettuce, tomato, carrot, cucumber, capsicum)			4.00			
Salad with Chicken OR Fresh Ham	N		5.00	Meat Pie – Small Party		0.80
Chicken Caesar Salad (lettuce, chicken, egg, croutons, dressing)	E N		5.00	****MONDAY ONLY ****		
Salad with Tuna – Plain OR Lemon & Pepper	F		5.00	Rice paper Rolls		3.50
<u>EXTRAS For Sandwich, Roll, Salad Bowl (Add to above price)</u>				Chicken /Beef/Tuna/ Vegetarian	E	
Salad (as above)		2.00			E	
Cheese OR Tomato OR Pineapple		0.70	each			
Capsicum, Cucumber, Lettuce, Beetroot OR Carrot		0.50	each			
Egg	E	1.30				
Mayonnaise	E	0.20		Pizza Roll (Pizza sauce and cheese)	VEG	2.50
<u>WRAPS</u>				Sausage Roll – Large	N H	2.70
Salad			3.80			
Salad with Ham, Chicken or Tuna	N F		5.00	Corn on the Cob	VEG	1.00
<u>SUSHI (Monday & Wednesday ONLY) -All Nut free</u>				<u>DRINKS</u>		1.20
Californian	F E		3.50	Milk – Plain 300ml		1.50
Chicken Teriyaki			3.50	Milk – Flavoured (chocolate, strawberry)		1.50
Salmon & Avocado	F		3.90	Juice – 100% Fruit Juice Popper – apple/blackcurrant		1.50
Tuna & Cucumber	F E		3.50	Juice – Pop Top – 200ml (orange or apple)		1.50
Vegetable	VEG		3.50	Water – Spring – 350 ml		1.00
Baby Sushi –Tuna/Chicken/Avo/Cucumber			3.90	Water – Spring – 600 ml		1.20
SNACKS – Which can ONLY be bought with cash over the counter – Not online.		Half	Full	99% Sparkling Fruit Juice (Orange/passionfruit, Apple/Blackcurrant, Lime/Vanilla)		2.00
Hot Food – Recess Only- A selection of these are available each day:				Up'N'Go (Strawberry, Chocolate and Vanilla)		1.80
Party Pie ,Pizza Bread , , Half Cheese Jaffle/Roll, Half Pizza & Cheese Jaffle/Roll /			0.80	<u>SNACKS –</u> Which can be bought with cash over the counter, and online.		
Box of Sultanas or Sultanas & Apricots			0.60	Bread sticks – Plain or pizza		0.20
Fresh Apple Slinky – your own apple			0.20			
Fresh Apple Slinky – Canteen apple			1.00			
Seasonal Fresh Fruit – per piece (from)				Snaps		1.00
Rice cakes –S & V, Sundried Tomato, Sour cream	S		0.20	Red Rock Deli - plain		1.00
<i>Only available at Lunch Time:</i>					S	
Frozen 100% Fruit Juice Cup (Orange, Pineapple, Apple, Apple/blackcurrant))			0.70	Carrot Sticks / Capsicum Sticks or combo		0.80
Slushies			2.00	Bega Cheese portions		0.80
Frozen Pineapple Slice			0.70	Jatz Crackers		0.50
TNT's /sour blue/sour red /lemon Ice			0.80			
Hot Chocolate –Term 2&3 Only			2.00	<u>MISCELLANEOUS</u>		
Weiss – Choc/Mango/Strawberry			1.50	Tomato or BBQ Sauce	E	0.25
Ice Blocks – 99% Fruit Juice Stick – Full only available lunch time.		\$0.20	0.40	Plastic Fork or Spoon		0.10