### Home Learning Activities for Year 3 and 4 students – Week 9 (23/3/20 - 27/3/20)

The following ideas may support families who have chosen not to send their child/ren to school while the school continues to be open. These activities can be completed in addition to set class homework.

WALT (We are learning to...) Describes the focus skill for the lesson

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 – 11:00	<ul> <li>WALT: Understand what we read</li> <li>Read this wonder from Wonderopolis. Have you ever seen a red panda? (see below)</li> <li>http://wonderopolis.o rg/wonder/have-you-ever-seen-a-red-panda#</li> <li>WALT: Write an informative text</li> <li>After reading more, write a letter to a friend about what you learned. Explain what is endangering the red pandas and what we can do to help.</li> <li>WALT: Understand the meaning of words</li> <li>Write a sentence for 10 of your spelling words. Put 1 spelling word in each sentence.</li> </ul>	<ul> <li>WALT: Entertain a reader.</li> <li>Read a chapter or two of a book.</li> <li>Write the next chapter</li> <li>WALT: Identify descriptive language (adjective, adverbs)</li> <li>Review the chapter or 2 of the book you just read. List the adjectives and adverbs you have found.</li> <li>(See below for what they are)</li> <li>Review your chapter that you wrote and underline the adjectives and circle the adverbs.</li> <li>Re-read your writing. Can you add some more adjectives or adverbs to make it more entertaining for your audience? Add these to your writing.</li> </ul>	<ul> <li>WALT: Persuade someone Persuade others through an informative poster (one page) to come to Oakhill Drive School.</li> <li>WALT: Speak clearly and with expression to entertain Practice reading your chapter that you wrote from yesterday. Remember to speak clearly and use expression, especially when a character is speaking.</li> <li>WALT: Understand what we read.</li> <li>Write a letter to a character that you liked in the book you are reading.</li> <li>Create 10 interview questions for the author of the book that you are reading.</li> </ul>	<ul> <li>WALT: write to entertain</li> <li>Visit 'Literacy Shed' online and select the anti bullying shed and view the image 'The Wing' https://www.literacyshed.com /anti-bullying-shed.html</li> <li>Write an engaging narrative to entertain your audience, using this image as the basis of your text. Remember to include lots of descriptive writing.</li> <li>WALT: Write to inform</li> <li>Cook something at home with an adult or prepare your favourite morning snack.</li> <li>Write a recipe to inform someone else as to how to make this meal. Remember to include a list of required tools and ingredients, and clear steps to follow. Try to include an image with labels too.</li> </ul>	<ul> <li>WALT: Write neatly</li> <li>Copy out your 10 interview</li> <li>questions from Wednesday</li> <li>using your best handwriting –</li> <li>are you using entry &amp; exit</li> <li>flicks? Ask someone for some</li> <li>feedback (see guide below)</li> <li>WALT: Recognise when words</li> <li>are spelt correctly</li> <li>Get someone to test you on</li> <li>your spelling words; can you</li> <li>spot any mistakes?</li> <li>WALT: Understand what we</li> <li>read</li> <li>Read some more of your book.</li> <li>Think about the can you</li> <li>summarise the story so far in</li> <li>3-5 sentence?</li> <li>Write down 5 questions you</li> <li>have about the story.</li> </ul>

11:00	Snack break and play outside					
11:30 – 1:00	<ul> <li>WALT: recall number facts to solve problems</li> <li>Go</li> <li>to https://www.mathletics.co m/au/</li> <li>Complete your assigned</li> <li>Mathletics homework tasks or spend 20 minutes playing</li> <li>Mathletics live.</li> <li>Practise your times tables</li> <li>(2, 4, 6)</li> <li>Describe any patterns you see in these times tables. Are there patterns in the ones or tens columns?</li> <li>Record the repeated addition facts for each table.</li> <li>e.g. 2 x 6 = 12</li> <li>2 + 2 + 2 + 2 + 2 = 12</li> <li>Record the commutative properties for each table;</li> <li>2 x 6 is the same as 6 x 2.</li> </ul>	WALT: recall number facts to solve problems Go to https://www.mathletics.co m/au/ Complete your assigned Mathletics homework tasks or spend 20 minutes playing Mathletics live. Practise your times tables. (3, 5, 7) Describe any patterns you see in these times tables. Are there patterns in the ones or tens columns? Record the commutative properties for each table; 2 x 6 is the same as 6 x 2. Show the links between multiplication and division facts. E.g $3 \times 4 = 12$ $4 \times 3 = 12$ $12 \div 4 = 3$ $12 \div 3 = 4$	WALT: recall number facts to solve problems Go to https://www.mathletics.co m/au/ Complete your assigned Mathletics homework tasks or spend 20 minutes playing Mathletics live. Practise your times tables. (8, 9, 10) Describe any patterns you see in these times tables. Are there patterns in the ones or tens columns? Show the links between multiplication and division facts. E.g $3 \times 4 = 12$ $4 \times 3 = 12$ $12 \div 4 = 3$ $12 \div 3 = 4$ Record the repeated addition facts for some of your times tables. e.g. $2 \times 6 = 12$ 2 + 2 + 2 + 2 + 2 = 12	<ul> <li>WALT: collect data</li> <li>Go outside and sit on your front steps. Record how many cars go past in 15 minutes. Decide on a method of categorising this data – make, model, colour, etc.</li> <li>Represent this data in a table (either on paper or using a computer). Don't forget to label your table.</li> <li>*Option: you might like to record a different type of data. This is fine, it doesn't have to be cars. Collate your data in a table.</li> </ul>	WALT: represent data Crate a graph to represent your data from yesterday. Create some questions you can ask a family member. Show the graph to a family member. Can they read and interpret it? Have you labelled the axes? Does it have a title? Have you measured equal spaces on each axes? Can they answer you questions about the data?	

WALT: enhance our own	WALT: enhance our own	WALT: enhance our own	WALT: enhance our own	WALT: enhance our own
wellbeing	wellbeing	wellbeing	wellbeing	wellbeing
Visit Go Noodle online and	Complete 'Mindful Breathing'	Visit Go Noodle online and	Complete 'Breathing Colours'	Complete 'Breathing Colours'
complete the mindfulness	activity.	complete the mindfulness	activity.	activity.
activity: 'Celebrate the Little		activity: <b>'Be Kind'</b>		
Things'	See below for guiding		See below for guiding	See below for guiding
	instructions.	https://app.gonoodle.com/acti	instructions.	instructions.
https://app.gonoodle.com/acti		vities/be-		
vities/celebrate-the-little-		kind?s=Search&t=mindfulness		
things?s=Search&t=mindfulnes				
s				
-				
	I	Make your lunch and play outside		
		, , ,		
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	HSIE – Geography	HISE – Geography	CREATIVE ARTS	PDHPE	Physical Education/
	WALT: investigate the	WALT: investigate the			Wellbeing
	importance of natural	importance of natural	WALT: Perform a range of	WALT: Identify factors that	
	vegetation to animals	vegetation to animals	movement and rhythm skills	shape our identity.	WALT: maintain positive
			,		health and wellbeing
	(MONDAY AND TUESDAY)	Continue your research on	Create a 30 second (or 32	Create a brainstorm/poster	_
	Create 2 fact files on 2 animals	your fact files.	beats of music) dance that	with 5-8 of your strengths.	Be Mindful:
	from very different		uses a range of movements	For each strength, reflect and	Find a quiet space. Close your
	environments. Eg. Whale and		(fast - slow, high – low, strong	think about how demonstrate	eyes and take some deep
	dingo.	*Get 30 mins of physical	- soft).	the strength and why you think	breaths.
	C	exercise outside each day	5510,1	you have that strength.	
	In your Fact file outline;		Practice performing you dance	you have that of engen	Consider:
	- Diet (what does it eat?)		to different songs on the radio	E.g.	What 5 things can you see?
	- Habitat (where is it		or from YouTube.	Strength 1 – Kindness –	What 4 things can you feel?
	found?)			I am kind because I surround	What 3 things can you hear?
3:00	- Breeding (how does it		How do you change the	myself with kind people at	What 2 things can you smell?
1	reproduce – eggs, live		movement for each song?	school and home. My mum	What can you taste?
2:00	born, how long does		Have you used a variety of	and dad show kindness to my	,
5	that animal wait for		dance move (involving all parts	family and friends and it makes	*Get 30 mins of physical
	the babies to be		of the body)?	us all good.	exercise outside each day
	born?)		Can you incorporate props to		
	- Environment (what		add some rhythm? (Tapping,	Create a poster that	
	type of environment		scraping, sliding)	summarises your ideas about	
	does it live in?)			your personal identity and	
	- Natural Vegetations		*Get 30 mins of physical	strengths.	
	(what type of		exercise outside each day	sei engensi	
	vegetation [plants]		exercise outside each day	*Get 30 mins of physical	
	does this animal			exercise outside each day	
	interact with – for				
	food, shelter or other)				
	, , ,				
	*Get 30 mins of physical				
	exercise outside each day				
L	· · · · · ·	1	1	1	1

### Have you ever seen a red panda?

Here's a riddle for you: What's black, white, and red all over? If you're thinking of a newspaper, you're almost right! Newspapers are certainly READ all over. But if you're looking for something black, white, and RED all over, it's the red panda.

Red panda? Yes, you read that right! When you hear the word "panda," you probably imagine big, black-and-white bears that munch on bamboo. You're picturing the giant panda, which can grow to be over 200 pounds. Red pandas are a lot smaller. They're about the size of house cats. They also have long, bushy tails that add to their length. They live in rainy, high-altitude forests. Red pandas are common to the mountains of Nepal, Myanmar, and China. However, you can also visit them in zoos across the globe.

Would you believe the red panda isn't even related to the giant panda? The two species aren't even cousins. However, they do look a bit alike. They both have round faces and similar ears. Of course, they're both also covered in fur. To picture what a red panda looks like, imagine a panda mixed with a raccoon. Okay, now give it red fur. That's it!

Red pandas and giant pandas have another thing in common. They both love eating bamboo! However, red pandas also eat other foods. They enjoy fruit, roots, and eggs. Red pandas are also excellent climbers. Do you think you could climb a tree faster than a red panda? We doubt it! Red pandas use trees for shelter--they hide there from predators. Once up a tree, red pandas also sunbathe in its branches. Climbing trees isn't the only way red pandas escape predators. Their color also helps. Their fur is dark red, close to the color of rust. This allows them some camouflage in their natural environment. Red pandas blend in with reddish-brown moss common in their habitat. This helps them hide when they need to.

If you walked past a red panda in the wild, you might not notice! That's because red pandas are normally silent. They don't growl like giant pandas or hiss like raccoons. Sometimes, they make a sound called a "huff-quack." This sound is like a mix between a duck quack and a pig snort. Normally, red pandas only huff-quack if they're excited.

Like many other forest animals, the red panda is an at-risk species. Deforestation has caused its habitat to shrink in recent decades. As their natural space gets smaller, so does the number of red pandas in the wild.

Red pandas also face threats from hunters and poachers. People use their pelts to make hats and coats. Hunters catch them in traps accidentally while hunting for wild pigs and deer. These issues further decrease the red panda population. Today, there may be as few as 2,500 red pandas in the wild. Their numbers have decreased drastically over the last 50 years. Scientists hope the population can grow if we slow hunting and deforestation.

If you're ever hiking through the mountains and hear a huff-quack, look around! You may come face-to-face with a red panda. But keep your distance! These furry creatures may look cute and cuddly, but it's important to remember they're wild animals.

### Adjective

An adjective gives more information about a noun or pronoun by answering one of these questions.

What kind?	Which one?	How many?
blue car	this town	one second
long rope	last week	three boys
tall person	the <mark>second</mark> day	few cars
big house	the other woman	several people

The quick brown fox jumped over the lazy dog! ABCDEFGHIJKLMNOPQRSTUVWXYZ 1234567890 NSW Pre Cursive

aajeci	ives, or o	nother a	rbs, dverb.	
	Adver	bs tell:	12	
When?	Where?	How?	How Often	
after	inside	quickly	always	
yesterday now	outside here	slowly sadly	sometimes	
later	there	loudly	often	
soon	away	easily	once	
early	near	happily	twice	
Many adverbs end in -ly.				

### **Physical Activity Journal**

We should all be physically active for at least 30 minutes each day. Use this to record your activity.

Monday	Tuesday	Wednesday	Thursday	Friday

# MINDFUL STEPS

- 1. Head outside and find a small area where you can walk in a line for five steps, then turn and walk back again, without interruption. You may like to take off your shoes and socks.
- 2. Stand still and straight. Take three slow, deep breaths in and out.
- 3. Take five steps in one direction, walking slowly and noticing how your body moves with each step.
- 4. Listen to the sounds around you and the sound your feet make on the ground. Try not to change the way you walk, but instead just notice how your body naturally moves.

#### Guiding Questions

- What does the ground feel like under your feet?
- When you take a step, which part of your foot touches the ground first?
- Does your body feel heavy or light today?
- Are you slouching when you walk or is your back up straight?

## MINDFUL BREATHING

- 1. Sitting or standing, place your hands on your belly. Close your eyes, or look down towards your hands.
- 2. Take three slow, deep breaths in and out.
- 3. In your mind, count '1, 2, 3' for each breath in and '1, 2, 3' for each breath out. Pause slightly at the end of each exhale.
- 4. Continue for 3 to 5 minutes or until the teacher says, "Stop".

#### Guiding Questions

- Can you feel your hands moving?
- What is moving your hands? Is it the air filling your lungs?
- Can you feel the air moving in through your nose?
- Can you feel the air moving out through your nose?
- Does the air feel a little colder on the way in and warmer on the way out?
- Can you hear your breath?
- What does it sound like?

(b) teachstarter

(b) teachstarter



 Sit or stand comfortably. Keep your body straight. Be still and silent. Soften your breath and shut your eyes.
 Think of a relaxing colour. It can be any colour, as long as it reminds you of relaxing.
 Now think of a colour that represents stress, sadness or anger.

4. Imagine you are surrounded by the relaxing colour. No longer is the

air clear; it is the relaxing colour.

- 5. Take a deep breath in and imagine breathing in the relaxing colour. Imagine the colour filling your lungs.
- 6. As you breathe out, imagine that your breath is the colour of stress.
- See the stress colour mix into the relaxing colour around you. Watch it disappear.
- 8. Breath in your relaxing colour. Breath out your stress colour.
- 9. Continue for 3 to 5 minutes or until the teacher says, "Stop".