

	Weekly Overview				
	Morning Session	Morning Session Middle Session		Afternoon Session	
Monday	English WALT: - Spell familiar words - Communicate effectively - Explore what makes reading enjoyable	Mathematics WALT: Investigate the effect of adding zero	Wellbeing WALT: Practise strategies that improve mental health and wellbeing	H.S.I.E. WALT: Recognise when something is from the past	Physical Activity WALT: Monitor activity to stay healthy
Tuesday	English WALT: - Make predictions - Identify action verbs	Mathematics WALT: Investigate and model the commutative property for addition	Wellbeing WALT: Practise strategies that improve mental health and wellbeing	P.D.H. WALT: Explore how my relationships have changed overtime	Physical Activity WALT: Perform a sprint run
Wednesday	English WALT: - Understand and use different types of sentences - Read informational texts	Mathematics WALT: Relate addition and subtraction facts	Wellbeing WALT: Practise strategies that improve mental health and wellbeing	Science and Technology WALT: Identify uses of plants and animals	Physical Activity WALT: Monitor activity to stay healthy
Thursday	English WALT: - Form letters correctly - Understand and use adverbs - Read a story for enjoyment	Mathematics WALT: Manipulate, compare and describe the features of 2D shapes	Mindfulness WALT: Practise strategies that improve mental health and wellbeing	<u>Creative Arts</u> <u>WALT:</u> Create art using our imagination	Physical Activity WALT: Perform a sprint run
Friday	English WALT: - Spell familiar words - Understand and use adverbs	Mathematics WALT: Manipulate, compare and describe the features of 2D shapes	Wellbeing WALT: Practise strategies that improve mental health and wellbeing	Physical Education WALT: Monitor activity to stay healthy	



Monday Overview				
Morning Session	Middle Session	Afternoon Session		
English: WALT: Spell familiar words	Mathematics WALT: Investigate the effect of adding zero to a number	H.S.I.E. WALT: Recognise when something is from the past		
Write a story using as many spelling words as you can. Underline the spelling words in your story and post a photo of your story to your seesaw journal.	Seesaw Activity: The Rule of Zero	Seesaw Activity: Week 4: HSIE		
WALT: Communicate effectively	Wellbeing	Physical Activity		
Start to prepare your speech, ready to record and present next week. Topic: My Favourite Animal. What does it look like? What does it eat? Where does it live? Why is it your favourite animal?	WALT: Practise strategies that improve mental health and wellbeing Seesaw Activity: Daily Check in Weekly Wellbeing Grid Activity (see attachments below)	WALT: Monitor activity to stay healthy Fill in your physical activity log. To be healthy and active, we should be doing at least 30 minutes of physical activity a day. This activity could be walking the dog or dancing to music.		
WALT: Explore what makes reading enjoyable Seesaw Activity: Library 3		Enter what you did for your 30 minutes today.		



	Tuesday Overview		
Morning Session	Middle Session	Afternoon Session	
English: WALT: Make predictions Seesaw Activity: CLASS Make Predictions: "Possum in the house"	Mathematics WALT: Investigate and model the commutative property for addition Seesaw Activity: Commutative Property of Addition	Personal, Development, Health (PDH) WALT: Explore how my relationships have changed overtime Seesaw Activity: Changing Relationships CLASS	
WALT: Identify Verbs Seesaw Activity: Action verbs	Wellbeing WALT: Practise strategies that improve mental health and wellbeing Seesaw Activity: Daily Check in Weekly Wellbeing Grid Activity (see attachments below)	Physical Activity WALT: Perform a sprint run Seesaw Activity: Sprint Run 1	



Wednesday Overview				
Morning Session	Middle Session	Afternoon Session		
English: WALT: Understand different types of sentences	Mathematics WALT: Relate addition and subtraction facts	Science and Technology WALT: Identify uses of plants and animals		
CLASS Seesaw Activity: Different types of sentences	Seesaw Activity: Fact Families	Seesaw Activity: Science Week 4		
 WALT: Read information texts WUSHKA Activity Carefully read your assigned informative text in Wushka. Complete sheet attached below. Alternatively post to your seesaw journal facts you have learnt and your opinion on the topic. 	Wellbeing WALT: Practise strategies that improve mental health and wellbeing Seesaw Activity: Daily Check in Weekly Wellbeing Grid Activity (see attachments below)	WALT: Monitor activity to stay healthyFill in your physical activity log. To be healthy and active, we should be doing at least 30 minutes of physical activity a day. This activity could be walking the dog or dancing to music.Enter what you did for your 30 minutes today.		



	Thursday Overview		
Morning Session	Middle Session	Afternoon Session	
English: WALT: Form letters correctly	Mathematics WALT: Manipulate, compare and describe the features of 2D shapes	Creative Arts WALT: Create art using our imagination	
Make sure you are sitting with your back nice and straight and feet flat on the floor.	Seesaw Activity: 2D Shapes 1	Seesaw Activity: Victor Nunes Art	
Write these letters on paper or on a whiteboard	CLASS	CLASS	
K, K, K, K k, k, k Kim Kookaburra keeps keys.	Mindfulness WALT: Practise strategies that improve mental health and wellbeing	Physical Activity WALT: Perform a sprint run	
WALT: Understand and use adverbs	Seesaw Activity: Daily Check in	Seesaw Activity: Sprint Run 2 CLASS	
Seesaw Activity: Adverbs 1 CLASS	Weekly Wellbeing Grid Activity (see attachments below)		
WALT: Read for enjoyment			
CLASS Seesaw Activity: Listen to Possum in the house			



	Friday Overview		
Morning Session	Middle Session	Afternoon Session	
English: WALT: Spell familiar words	Mathematics WALT: Manipulate, compare and describe the features of 2D shapes	WALT: Monitor activity to stay healthy Fill in your physical activity log. To be	
Get someone to test you on your spelling words. Can you spot the mistakes?	Seesaw Activity: 2D Shapes 2 CLASS	healthy and active, we should be doing at least 30 minutes of physical activity a day. This activity could be walking the dog or dancing to music.	
WALT: Understand and use adverbs		Enter what you did for your 30 minutes	
Seesaw Activity: Adverbs 2	Wellbeing WALT: Practise strategies that improve mental health and wellbeing	today.	
	 Wellbeing How have you felt this whole week? Reflect on your posts to your teacher. Have you been happy all week or have you had a few ups and downs? Do you know why you felt that way? What did you do to make yourself feel better? Could you do this next time you felt the same again? 		
	CLASS Daily Check in		



Oakhill Drive Public School – Home Learning Stage 1 (Year 1) Term 2 - Week 4

18 - 22 May 2020





Weekly Wellbeing Grid

Monday	Tuesday	Wednesday	Thursday
Learn it- Gratitude	Learn it- Gratitude	Learn it- Gratitude	Mindful Moment-
Being grateful is about focusing on what's good in our lives and	Click here to watch:	Click here to watch:	Gratitude
being thankful for the things we have.	What a Wonderful World	Kid President's 25 Reasons To Be	This week we have
		<u>Thankful!</u>	focused on Gratitude.
Gratitude is pausing to notice and appreciate things that we	Activity:	Which of those things are you also	
sometimes take for granted. For example, having a place to	Think about all the good things	grateful for?	Click here to watch: Be
live, food, clean water, friends and family.	that have happened to you so		Grateful (It will need to
	far this week. Make a list.	Activity:	be opened in your
Find a comfy place to sit and listen carefully to the words of the		Take a sensory walk outside. Make	Chrome browser)
song. Click here to listen: <u>'Grateful'by John Bucchino</u>	Ihree Good Things That	sure you walk silently. Use your 5	
	Happened This Week:	senses (sight, sound, smell, taste,	Mindful Reflection:
Activity:	1.	touch) to observe and	Take a moment to be
Trace around your hand on a piece of paper and draw	2	appreciate nature.	grateful for all that you
something on/next to each finger that represents something for	3.		have. Share your
which you are grateful.		Collect 5 fallen leaves of different	thoughts with a family
	Mindful Reflection:	sizes and textures during your	member.
Little finger = little things in life, like sunshine	Share this list with a family	walk. Make sure the leaves are	
	member. Maybe you could ask	big enough to write a few words	
Ring finger = relationships (friends and family)	them what good things have	on. Once inside, write things	
	happened to them this week?	you're grateful for on these	
Middle finger = a nice thing about someone		leaves. Then create a 'Gratitude	
		Tree' using the leaves, a craft	
Pointer finger = point out the beauty around you, for example		roll/roll from paper towel and	
something in nature		some glue or sticky tape.	
Thumb = something nice about yourself			
		Mindful Reflection:	
Mindful Reflection:		Upload a photo of your creation	
Share your hand with your teacher by uploading a photo of it		to Seesaw.	
to Seesaw/Google Classroom.			