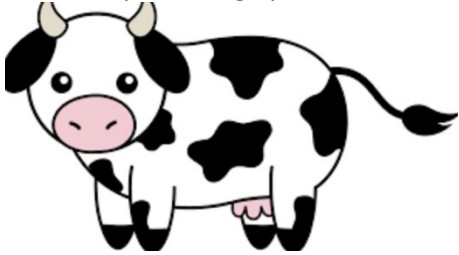


Home Learning Activities for Year 1 students – Week 10 (Monday 30/3- Friday 3/4)

WALT (We are learning to...) This describes the focus skill for the lesson

Monday	Tuesday	Wednesday	Thursday	Friday
English				
<p>WALT: Spell unknown words</p> <ul style="list-style-type: none"> Put the first 10 of your spelling words in alphabetical order Choose 3 words and put them in a sentence Using your spelling words, write the vowels in blue and consonants in red <p>WALT: Communicate effectively to entertain Talk about something that made you laugh yesterday</p> <p>DID YOU KNOW? Cows sleep standing up!</p> 	<p>Choose a book you are familiar with and read it aloud -focus on fluency and expression</p> <p>WALT – Make a verbal prediction</p> <p>Looking at the cover, make a prediction about the text. Whilst reading, check your prediction.</p> <p>WALT – Write to entertain After reading your book - Character Description</p> <ul style="list-style-type: none"> What does the main character from your story look like on the outside? What is your character like on the inside (personality) How does your character feel? 	<p>WALT: Speak clearly to entertain</p> <p>Practise reading a book with fluency and expression.</p> <p>WALT: Parts of speech</p> <p>From your book, find 5 nouns, 5 adjectives, 5 verbs and 5 adverbs.</p>	<p>Choose a book you have never read before and read it aloud -focus on fluency and expression</p> <p>WALT – Comprehend what I have read</p> <ul style="list-style-type: none"> What does your character want in the story? What is the problem? Write about and draw how the problem is solved <p>WALT: use Seesaw to communicate</p> <p>Log into Seesaw and tap the Activity tab. Find the activity “Get to Know you” and follow the directions. Draw a picture of yourself and record your voice telling us all about you.</p>	<p>WALT: Write neatly</p> <p>Practice your handwriting – copy out the sentence “She sells seashells by the seashore”</p> <p>WALT: Recognise when words are spelt correctly</p> <p>Get someone to test you on your spelling words; can you spot any mistakes?</p>

Maths

WALT: represent numbers in tens and ones

Resources: 20 small square pieces of paper/card.

Write a different number on each slip of paper (between 1 and 99). Represent that number in tens and ones on another slip of paper. Have a go at matching the numbers and the tens by playing the memory game. Shuffle cards and place face down, pick 2 cards. If the picture and the number match, you get to keep both cards. You can play this by yourself or with a partner. The winner is the person with the most pairs at the end. Extension – increase the number of cards and numbers.



WALT: Recognise and describe 2D shapes

How many 2D shapes can you name? Draw the shapes and label them. How many sides does each shape have?

WALT: skip count in 2, 5 and 10

Use raisins, grapes, cereal pieces etc. To help you practise counting in multiples of 2, 5 and 10.

Group into 2's to practise counting in 2s, group into 5s to practise counting in 5s and into 10 to practise counting in 10s.

WALT: Describe the weather

Go outside and watch the weather for 5 minutes. Think about what we have been learning at school about temperature, clouds, wind and rain.

Complete the weather report worksheet for the weather around your home. Practise giving your weather report. You could stand in front of a large map just like the reporters on TV. You could dress up and make your own weather symbols to add to the map. Perform your weather

WALT: Add numbers together

Play by yourself or with a partner. Using a pack of cards turn over two cards and add the numbers together. If you are playing with a partner, deal the cards equally. Each player turns over a card at the same time. They add the numbers together and call out the answer as soon as they know (picture cards are worth 10). The first to answer gets a point and explains how they worked out their answer. Extension – work out the addition and then double the answer.

WALT: make fractions with shapes

Help Mum or Dad make lunch. Find things you can cut into halves and quarters eg. bread/sandwich, a cake, an apple.

Ask someone to draw some 2D shapes on a piece of paper.

WALT: Addition and Subtraction using mental strategies

Play 24 with a pack of cards by yourself or with a partner. Deal out all the cards, an equal number to each player. The first person turns over a card and places it face up. The next player turns over a card and adds it to the card already played and says the sum out loud. Play continues until someone adds a card that makes 24 or more. If the sum is exactly 24 that player wins. If the sum is over 24 the value of the card is taken away from the previous total. Play continues until someone gets a total of exactly 24. If playing by yourself, write the numbers on your whiteboard.

WALT: measure length using informal units

Find something in your house to measure with, eg. counters, pegs, paperclips etc.. Remember, they all need to be the same size. Choose different objects around your house to measure. Estimate how long your item will be and then measure it. You could measure a spoon, a pen, the table legs or your book.


WALT: recognise and manage our feelings

Describe (written or verbal) how you are feeling today.

Complete attached FIBS sheet, describing the feeling, intensity (on the feelings strength bar) and inner body signs (what you feel on the inside) and outer body signs (what others see when they look at you). If you are in the red or yellow zone, what can you do now

<p>Go around your house/garden and make a list of all the circles, squares, rectangles and triangle shapes you can see. Can you find any other 2D shapes?</p>	<p>forecast to some members of the family. You could even video it to see how you could make improvements. Have fun and don't forget to use our 'weather words'!</p>	<p>Can you split them into halves and quarters.</p>	<p>to get yourself to the green zone. You could repeat this activity, describing how someone in your family is feeling.</p>
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Mindfulness

<p>MINDFULNESS- Emotional (feelings) Wellbeing</p> <p>WALT- recognise and practise strategies that nurture mental health and wellbeing</p> <p>WILF: I can be kind to myself</p> <p>Watch and follow: Be Kind to Yourself</p> <p>Choose ANY activity that makes you happy and allows you to be kind to yourself. eg reading a book, playing a game, lego. Set a timer for 15 minutes.</p> <p>Mindful Reflection: Tell someone how you feel after doing this activity. Do you feel happier, more relaxed?</p> 	<p>MINDFULNESS- Social (friends) Wellbeing</p> <p>WALT- recognise and practise strategies that nurture mental health and wellbeing</p> <p>WILF: I can focus my attention on one activity</p> <p>Click on the link and find the episode 'Hide and Seek' Watch: Bluey Episode - Hide and Seek</p> <p>Put the timer on for 10 minutes. Ask a sibling or parent to play hide and seek with you.</p>  <p>Mindful Reflection: How is playing with someone else good for your wellbeing? Tell your play buddy.</p>	<p>MINDFULNESS- Cognitive (mind) Wellbeing</p> <p>WALT- recognise and practise strategies that nurture mental health and wellbeing</p> <p>WILF: I can explore the outdoors using my mind to focus on nature</p> <p>Set a timer for 15 minutes.</p> <p>Silent search for beautiful natural objects</p> <ul style="list-style-type: none"> - What does it look like? - What colour is it? - What does it smell like? - Can I touch it? - What does it feel like? <p>Silent search for minibeasts and other creatures that move. DO NOT TOUCH THE MINIBEAST.</p>	<p>MINDFULNESS- Physical (movement) Wellbeing</p> <p>WALT- recognise and practise strategies that nurture mental health and wellbeing</p> <p>WILF: I can get energized with music</p> <p>Click on the link below or move to your favourite song. Mindful Movement</p> <p>Mindful Reflection: Getting your body moving is good for your physical wellbeing. Do you feel different after moving to the music? Find a sibling/parent to do the activity with you again.</p> 	<p>MINDFULNESS- Emotional (feelings) Wellbeing</p> <p>WALT- recognise and practise strategies that nurture mental health and wellbeing</p> <p>WILF: I can notice my emotions</p> <p>Trace your hands. On one hand, describe nervous feelings about an event. On the other hand, describe hopeful and excited feelings about the same event.</p> <p>Decorate your hands with colours and patterns.</p> <p>Mindful Reflection: Talk to someone about the feelings you have added to each hand.</p>
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When you find a creature, watch the creature in silence

- What does it look like?
- How does it move?
- What colours can you see on its body?

Mindful Reflection:
How has this quiet time of being in the 'present' made you feel?

You might like to create an artwork based on what you discovered, adding how this mindful activity made you feel.



Other

WALT: Move in different ways

Choose a designated area as your 'nest'. Time how long it takes you to gather the items below and place them in your nest. You can only collect and place 1 item at a time!

- 5 sticks
- 10 leaves
- 12 sticks
- 20 leaves

WALT: Move in different ways

Learn **How to Floss** from Blazer Fresh, and then make up our own dance tutorial to teach someone your favourite dance move!

Follow Link:

WALT: Move in different ways

Roll a dice or flip a playing card to get a number. Move through the list performing each skill that number of times. E.g. if you rolled a 5. You would perform 5 star jumps, 5 push-ups and 5 toe touches

WALT: Move in different ways

Nature to Nature:
One player starts as the nature guide and chooses an interesting object from the ground. The nature guide shows their item to the rest of the players for 10 seconds, and then hides it away. The rest of


WALT: Move in different ways

Set up your own obstacle course inside or outside. Make sure you include objects that you can:

- Run around
- Jump over
- Crawl under

	https://www.youtube.com/watch?v=TGiYrY2bUPc	<ul style="list-style-type: none"> • Star jumps • Push-ups • Toe touches 	<p>the players have until the count of 100 is up to find another item that resembles what the nature guide found. The person with the most similar item becomes the nature guide in the next round.</p>	<p>Time yourself going through the obstacle course. See if you can beat your time.</p>
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Science

<p>Lesson 1 WALT: observe, question and collect data</p> <p>WILF: I can tell you what I already know about soil I can ask scientific questions about soil</p> <p>Task 1- Reflection & I wonder.... 'Flower Garden'- Draw flowers in a garden on the top half of a piece of paper. Write down everything you have already learnt about soil under the flowers.</p>  <p>'Thought Bubble'- Draw a thought bubble and write down everything</p>	<p>Lesson 2 WALT: observe, question and collect data</p> <p>WILF: I can observe soil and talk about what I have seen</p> <p>Note# Please make sure you have done Lesson 1 before you do this lesson.</p> <p>Task 3: Science Experiment - Examining Soil</p> <p>Note: (Please do this activity with an adult and wear gloves when touching the soil)</p> <p>Step 1: Fill a jar halfway with dirt. Add water nearly to the</p>			
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you are wondering about soil. For example: What is soil made of? Is soil always brown?



Task 2 : Watch

What's the dirt on dirt?

Tell a sibling/parent what you have learnt about soil

top of the jar. Put the lid on, and tighten it securely.

Step 2: Shake the jar vigorously for a half a minute, and then put it down. Let the jar stand until the dirt and water settle. What happens?

Step 3: Observe the layers in the jar, and see what you can tell about them. How many layers are there? Can you describe them?

Task 4: What do you now know?

- What have you learnt so far about soil? Add this to your 'Flower Garden'(Lesson 1) in another colour.
- What new questions do you have about soil? Add this to your 'Thought Bubble'.(Lesson 1)

Term 1 Week 9-10 - LOOK, SAY, COVER, WRITE (neatly), CHECK

		Monday	Tuesday	Wednesday	Thursday
1	out				
2	about				
3	house				
4	mouse				
5	how				
6	down				
7	what				
8	when				

9	May				
10	many				

11	outside				
12	inside				
13	cousin				
14	aunt				
15	uncle				

16	now				
17	brown				
18	why				
19	where				
20	who				
21	around				
22	mouth				

23	found				
24	crown				
25	drowned				
26	cloudy				
27	colour				
28	frowning				
29	powder				
30	proud				

F

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BS

Inner Body Signs:

Outer Body Signs: |